

Gymnasium/Fitness Inspection Checklist

Date: _____

Facility: _____

Inspected By: _____

Area to Inspect	Acceptable	Not Acceptable	Notes
Emergency Exits			
Floor Surfaces			
Occupancy Load			
Glass/Mirrors			
Stairs/Ramps			
Storage/Equipment Rooms			
Appurtenances			
Washrooms/Change rooms			
Observation Areas			
Sport Specific Protection			
Housekeeping			
Fitness Equipment			

Additional Notes:

Exit obstructions

- Check panic hardware
- Check swing direction/flow, making sure they open fully and are not obstructed on either side
- Check locks as to whether they are locking properly
- Make sure sporting/fitness equipment/cords is not obstructing an exit

Floor Surfaces

- Check for slip and fall surfaces, cracked tiles, and areas that require non-slip surfacing
- Check for adequate signage used when floors are slippery
- Check sports specific surface for areas of concern

Occupancy Load

- Posted in spaces for occupancies larger than 60 persons
- Use of the space is reasonable (squash courts, fitness studios, stages)

Glass/Mirrors

- Check for broken windows/glass
- Make sure interior display cases are using a tempered glass, rather than ordinary glass
- Check mirrors in fitness rooms for cracks and security

Stairs/Ramps

- Adequate slip protection is provided/required
- Handrails are provided (continuous and extend the entire distance of the stairs/ramp)
- Handrails do not pose as a climbing hazard

Storage/Equipment Rooms

- Storage of equipment is safe and items are secure in their storage
- Stools are provided for users to obtain equipment

Appurtenances

- Check protection of all sprinkler heads, lighting fixtures, emergency lights (cages) in the main fitness area and in the storage areas

Washrooms/Change Rooms

- Washroom cleaning logs are up to date
- GFCI's are provided as required and checked regularly
- Showers are temperature controlled
- Hooks and benches are in good condition

Observation Areas

- Bleachers/Grandstands are in good condition with adequate backing protection
- Adequate protection provided for stage areas
- Railings adequate for squash courts.

Sport Specific Protection

- Impact protection provided for sports
- Protective equipment for users provided if required
- Adequate supervision/ use of waivers

Housekeeping

- Sweep logs are kept up to date
- Areas are visually clean and free from hazards

Fitness Equipment

- Proper restraints/bolts in place for weight equipment (as per manufacturers instructions)
- Maintenance procedures completed and logged